



CHCI Recommends

Our Favorite Apps – Fall 2025

Jessica Alvarez's pick:

MoodFit



Best for:

Self Care, Goal Setting

Jessica says: *It tracks mood, habits, & mental health factors over time. Useful for noticing patterns & taking micro-actions as needed.*

Nancy Fry's pick:

Libby



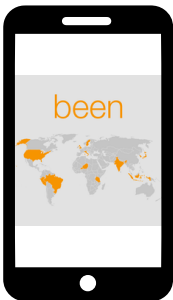
Best for:

Readers, Freebie Seekers

Nancy says: *I love accessing my library from anywhere & reading free e-books. Plus, there's curated lists, audiobooks, & magazines.*

Anne Loehr's pick:

Been



Best for:

Travelers, Family Bonding

Anne says: *With all the traveling I do for work, it's a fun app to track visited places. I love sharing it with my whole family.*

Allan Schweyer's pick:

AllTrails



Best for:

Fitness Enthusiasts, Adventure

Allan says: *It has virtually all the hiking trails worldwide and shows you directions to them and on them even if you don't have a cell signal.*