



HOW TO POPCORN



WHEN YOU NEED TO PROBLEM SOLVE

1

Clarify the Problem Statement

Ask “what’s the problem you’re trying to solve?” Beware of presenting events/symptoms instead of the real problem.

- Event/Symptom: “He talks too much and makes me crazy”
- Problem Statement: “How to respectfully respond when he talks non-stop”

2

Introduce the Game

“For the next 2 minutes, we are going to list ideas to try and solve the problem statement. We will go person by person and share any idea that comes into our brain until we have at least 8. No idea is too silly—don’t worry if it feels hard or impossible.”

3

Play the Game

The group will come up with as many ideas as possible, rapid fire. The person leading the game will write down all of the ideas. Do not discuss or dismiss the ideas now; only write them down. The goal is to have fun and put down as many ideas as they can during the 2 minutes.

4

Read Through Each Option

The leader will slowly read off each idea and star the ones that the group chooses. At this stage, the team should look for ideas that have a specific action step that, if they commit to trying it, might help solve the problem statement.

5

Repeat All Starred Ideas

Next, the leader will read off all of the starred ideas again. The team now has to consider which option they want to start with. They need to pick one idea from the set, or they can combine multiple ideas into a hybrid option as long as the end result is still a single action.

6

Choose an Option

The team selects their idea or hybrid option. They then must come up with a plan including specifics of what each team member will do and by when it must be completed.