



CHCI Recommends

2025 Summer Reading Guide

Jessica Alvarez's pick:



Principles Life and Work by Ray Dalio

Jessica says: A system of rational thinking and success based on principles, Dalio shares his method for overcoming weaknesses, including radical honesty and transparency, productive conflict, and credibility-based decision making.

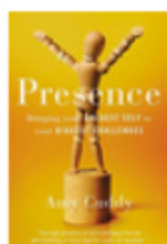
Nancy Fry's pick:



When We're In Charge The Next Generation's Guide to Leadership by Amanda Litman

Nancy says: Amanda Litman explains generational differences in leadership styles in a way that is both humorous and incisive while preparing millennials and Gen Z to lead authentically and effectively. (note: contains strong language)

Anne Loehr's pick:



Presence Bringing Your Boldest Self to Your Biggest Challenges by Amy Cuddy

Anne says: Imposter syndrome can be debilitating. Cuddy's conversational approach, backed with scientific studies, gives practical tools and tips to increase our presence and chip away at imposter syndrome.

Allan Schweyer's pick:



The Art of Going SLOW How to Simplify Your Life, Calm Your Mind, and Focus on What Truly Matters to You! by Damon Zahariades

Allan says: In a culture driven by speed, urgency, and nonstop output, productivity expert Damon Zahariades makes the shift to a slower, more meaningful pace achievable and appealing—while dismantling the toxic myths that keep so many trapped in overdrive.

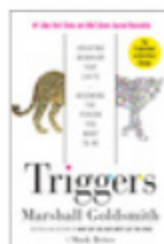
Raman Singh's pick:



Extreme Ownership How U.S. Navy SEALs Lead and Win by Jocko Willink and Leif Babin

Raman says: I chose Extreme Ownership because it teaches strong leadership through real stories from the battlefield. It shows how taking full responsibility can help you succeed in work, life, and as a team.

Ted Wackerly's pick:



Triggers Creating Behavior That Lasts – Becoming The Person You Want To Be by Marshall Goldsmith

Ted says: To put it simply, this book explains why we do what we do and what we can do about it.